

GLUTEN INFORMATION LUNCH

ROSA'S THAI CAFE

STARTERS

CHICKEN SATAY **N**

GAJ SATAY

Succulent grilled lemongrass chicken thigh skewers with peanut dipping sauce 5

GREEN PAPAYA SALAD **🌶️ N**

SOM TAM

Sweet, sour, salty, spicy & dangerously addictive. A vibrant salad of finely sliced green papaya with long beans, tomatoes & cashew nuts 8.5

Add fresh prawns +1.5

NOODLES

These make a complete meal for one or a great extra dish to share

PAD THAI **N**

Thailand's national dish is a sweet & sour stir-fry based on rice noodles, with tamarind, palm sugar, eggs and crushed peanuts. If you'd like to add roasted chilli powder, just ask for the condiment tray.

Prawns 10 // Beef 9 // Chicken 9 // Veg & tofu v 8.5

STIR-FRIED FLAT NOODLES

PAD SEE EWE

Thai comfort food at its best: wide rice noodles stir-fried with eggs, spring greens, sweet soy sauce & your choice of:

Prawns 10
Chicken 9
Beef 9
Vegetables & tofu v 8.5

DRUNKEN NOODLES **🌶️🌶️**

Fiery & fragrant with Thai basil, this spicy noodle dish is traditionally eaten at the end of a big night out. Possibly the best hangover cure in the world.

Prawns 10
Chicken 9.5
Beef 9.5
Vegetables & tofu v 9

CURRIES + WOK STARS

At lunchtime, these dishes are served with a portion of jasmine rice. swap it out for brown rice or egg fried rice +50p, sticky rice or coconut rice for £1

ROSA'S BUTTERNUT

RED CURRY **🌶️🌶️**

FUKTONG GAENG DANG

Our signature red curry is laced with butternut squash, bamboo shoots & basil 8.5

RED CURRY PASTE

STIR-FRY **🌶️🌶️ D**

PAD PRIK GAENG

A smooth & creamy stir-fry based on homemade red curry paste.

Prawns 10
Beef 9
Chicken 9
Vegetables & tofu v 8.5

ROSA'S GREEN CURRY **🌶️🌶️🌶️**

GAENG KIAW WAN

Thailand's best-loved curry is a bestseller here too. Aubergine, bamboo shoots & sweet basil, plus your choice of:

Prawns 10
Beef 9
Chicken 9
Vegetables & tofu v 8.5

CHILLI & BASIL STIR-FRY **🌶️🌶️**

PAD KRA PROW

A spicy & fragrant favourite with Thai basil, onions & long beans, plus your choice of:

Prawns 10
Beef 9
Chicken 9
Chicken mince (Just Like Thailand) 9
Vegetables & tofu v 8.5

EAT LIKE A THAI

add a crispy fried egg to your dish (great with stir fries)

SIDES

STEAMED JASMINE RICE 3

SPICY MIXED SALAD **🌶️🌶️ 2**

BROWN RICE 3.5

Topped with fried garlic

STEAMED COCONUT RICE 3.8

STEAMED STICKY RICE 3.5

Chef Saiphin's bespoke blend of white & wholegrain red rice

EGG FRIED RICE 3.5

PLAIN NOODLES **N 3.8**

with eggs, gluten-free sauce & beansprouts

DESSERT

MANGO & STICKY RICE

6.00

A classic Thai dessert of steamed sticky rice garnished with sesame seeds & coconut cream, served with fresh mangoes

GLUTEN INTOLERANCES FYI

We do everything we can to prevent cross contamination in our kitchen, however, some dishes listed here - whilst not containing any gluten in their ingredients - are cooked in our woks and fryers. Whilst our fryers are cleaned and filled with fresh oil regularly, they will have also been used to cook products containing gluten.

Some dishes contain ingredients that our suppliers cannot guarantee contain no traces of gluten in their production environment.

If you suffer with coeliac disease or if this level of cross contamination may affect you, please let us know and we'll do our best to make recommendations and accommodate you.

If you like what we've done with gluten information menu, give us a shout [@ROSASTHAICAFFE](#) [f](#) [i](#)

Service charge is completely optional but highly appreciated.

- 🌶️** Can be spicy
- 🌶️🌶️** Definitely spicy
- 🌶️🌶️🌶️** Very spicy
- N** Contain Nuts
- D** Contains dairy

Food Allergies: Please note that our food is prepared in kitchens where allergens are present. Some dishes may contain traces of nuts, wheat, gluten, milk and other allergenic ingredients.

We're unable to list every ingredient on this menu, so please ask our staff for more detailed information about our food and the allergens that might be present.

GLUTEN INFORMATION DINNER

ROSA'S THAI CAFE

STARTERS

CHICKEN SATAY **N** GAI SATAY

Succulent grilled lemongrass chicken thigh skewers with peanut dipping sauce 6.8

SPICY BEEF SALAD **🌶️🌶️**

YAM NEUA YANG

Tender slices of char-grilled Scottish sirloin steak, tossed with tomato, cucumber, carrot, red onion & spicy dressing with fresh mint & chilli 11.8

GREEN PAPAYA SALAD **🌶️ N** SOM TAM

Sweet, sour, salty, spicy & dangerously addictive. A vibrant salad of finely sliced green papaya with long beans, tomatoes & cashew nuts 9

Add fresh prawns +1.5

NOODLES

These make a complete meal for one or a great dish to share

PAD THAI **N**

Thailand's national dish is a sweet & sour stir-fry based on rice noodles, with tamarind, palm sugar, eggs and crushed peanuts. If you'd like to add roasted chilli powder, just ask for the condiment tray.

Prawns 11 // Beef 10 // Chicken 10 // Veg & tofu v 9.5

STIR-FRIED FLAT NOODLES

PAD SEE EWE

Thai comfort food at its best: wide rice noodles stir-fried with eggs, spring greens, sweet soy sauce & your choice of:

Prawns 10.3
Chicken 9.3
Beef 9.3
Vegetables & tofu v 9

DRUNKEN NOODLES **🌶️🌶️🌶️**

Fiery & fragrant with Thai basil, this spicy noodle dish is traditionally eaten at the end of a big night out. Possibly the best hangover cure in the world.

Prawns 11
Chicken 10
Beef 10
Vegetables & tofu v 9.5

CURRIES + WOK STARS

Best served with rice. Pick your fave from the sides

ROSA'S BUTTERNUT RED CURRY **🌶️ v**

FUKTONG GAENG DANG

Our signature red curry is laced with butternut squash, bamboo shoots & basil 10

ROSA'S GREEN CURRY **🌶️🌶️** GAENG KIAW WAN

Thailand's best-loved curry is a bestseller here too. Aubergine, bamboo shoots & sweet basil, plus your choice of:

Prawns 12.5
Beef 11.5
Chicken 11.5
Vegetables & tofu v 10.5

EAT LIKE A THAI
add a crispy fried egg
to your dish

PANANG CURRY **🌶️**

PANANG GA

Thicker than our other curries, this creamy Thai favourite, based on red curry paste, comes with finely shredded lime leaves & your choice of:

Beef 10.5
Chicken 10.5
Tofu v 10.5

CHICKEN & PINEAPPLE IN RED CURRY **🌶️**

GAENG SUPPAROD

A creamy red curry with pineapple pieces, red & green chillies garnished with lime leaves & coriander 11.5

RED CURRY PASTE

STIR-FRY **🌶️ D**

PAD PRIK GAENG

A smooth & creamy stir-fry based on homemade red curry paste.

Prawns 11
Beef 10
Chicken 10
Vegetables & tofu v 9

SPICY SEAFOOD HOT PLATE **🌶️🌶️**

TALAY PAD CHA

King prawns, squid & mussels, flash-fried with mixed chillies, green peppercorns & wild galangal: a delicate dish with daring heat (ask for a mild version if you prefer less spice) 13

CHILLI & BASIL STIR-FRY **🌶️**

PAD KRA PROW

A spicy & fragrant favourite with Thai basil, onions & long beans, plus your choice of:

Prawns 11
Beef 10
Chicken 10
Chicken mince (Just like Thailand) 10
Vegetables & tofu v 9

ROSA'S FRIED RICE

KHAO PAD

Rice with Rosa's stir-fry sauce, eggs, onion & spring greens. Choose from:

Prawns 10.5
Beef 9.5
Chicken 9.5
Vegetables & tofu v 9

MIXED VEG STIR-FRY **v**

PAD PAK RUAM

A seasonal mix of crunchy vegetables, stir-fried in Rosa's house sauce 7

THREE GREEN STIR-FRY **v**

Broccoli, spring greens & green beans in house sauce 7

DESSERT

MANGO & STICKY RICE

6

A classic Thai dessert of steamed sticky rice garnished with sesame seeds & coconut cream, served with fresh mangoes

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SIDES

STEAMED JASMINE RICE	3	SPICY MIXED SALAD 🌶️	2
BROWN RICE	3.5	STEAMED COCONUT RICE	3.8
TOPPED WITH FRIED GARLIC		EGG FRIED RICE	3.5
STEAMED STICKY RICE	3.5	PLAIN NOODLES N	3.8
CHEF SAIPHIN'S BESPOKE BLEND OF WHITE & WHOLEGRAIN RED RICE		WITH EGGS, GLUTEN-FREE SAUCE & BEANSPOUTS	